



Blood Sugar Control: Eye & Retina Protection

Protect the eyes from the damaging affects of elevated blood sugar. Elevated blood glucose can damage the delicate blood vessels in the retina, leading to diabetic retinopathy and blindness. Improved blood sugar control combined with antioxidant protection and increased blood flow to the eye will support eye health.

Remedy	Dose	Daily Directions
Glucose Balancer	1 capsule	once to two times daily with food. Take a few hours before or after other medications.
Astaxanthin or Pleo Muc Eye Drops	1 capsule or 1 drop per affected eye	once daily. two times daily. apply drop to the outer corner of the eye, allowing it to wash over the whole eye surface. To avoid contamination, do not touch container tip to any surface.

Glucose Balancer – for product description, see page 26.

PLEO MUC EYE DROPS

Recommended dosage (adult): 1 drop twice daily in the affected eye(s). Apply drop to the outer corner of the eye, allowing it to wash over the whole eye surface. To avoid contamination, do not touch container tip to any surface. Preservative free. Safe to use with contact lenses. Safe to use long term.

Pleo Muc Eye Drops is an ophthalmic demulcent (lubricant) for relief of dry irritated eyes, and to improve the metabolism and nutrition of the eye tissue. The isopathic ingredient, Mucor racemosus Fresen, is used to regulate the metabolism of the eyeball by improving blood flow (vascularisation) and enhancing nutrition to the eyeball.³²

Clinical research using Pleo Muc Eye Drops (Mucokohl) has demonstrated good therapeutic results in cases of tired strained eyes, dry eye syndrome, visual acuity, peripheral vision, and in eye diseases such as conjunctivitis and cataracts.^{32,33,34}

Key Features: Enhance vision and eye health, cataracts, reduce irritation from contact lenses, dry irritated and/or tired strained eyes. Preservative-free ophthalmic lubricant.

ASTAXANTHIN

Recommended dosage (adult): 1 capsule once per day. Consult a healthcare professional for use beyond one month.

Astaxanthin is a naturally occurring carotenoid (from the microalgae Haematococcus pluvialis), providing superior antioxidant benefits to support overall eye health by decrease inflammation, increase capillary blood flow, neutralize free radicals, and reduce oxidative stress.

Astaxanthin promotes healthy eye aging with increased nourishing blood flow to the retina and eye, and antioxidant protection to protect lens clarity^{25,36,37,38}

Key features: Enhance vision and eye health, antioxidant, healthy aging eyes, eye strain, lens clarity (cataracts)